

## CANCER INCIDENCE

### CANCER INCIDENCE BY PRIMARY SITE

This section contains a report on Montana's cancer incidence data for the diagnosis year 2005, reported as of October 2006 to the Montana Central Tumor Registry. Mortality data in this report are shown for the entire calendar year. Incidence cancer cases diagnosed in 2005 were approximately 85% completed on this date with 4,574 new cancer diagnoses having been reported for 2005. The expected number of Montana cancer cases for 2005 is 5,200. Estimates of Montana's expected cancer cases are based on the North American Association of Central Cancer Registries (NAACCR) method. The expected incidence rate for Montana was computed from Montana race-sex-site-specific age-adjusted death rates (2000 U.S.) and incidence-to-mortality (I/M) rate ratios computed from SEER race-sex-site-specific age-adjusted (2000 U.S.) incidence rates and U.S. race-sex-site-specific age-adjusted death rates (2000 U.S.).

**Table C-1** shows reported incidence of cancer for Montana residents diagnosed from 1996-2005 (10-year incidence). While previous reports showed cancer incidence data for one year, this report tabulates cancer incidence for 10 years and the data should not be compared with those in previous publications showing one-year incidence data. The table shows cancer incidence by sex and by primary site--the original bodily location or organ system of the cancer. The most frequently diagnosed cancers were of the prostate (16.7% of all cancer diagnoses), female breast (16.8%), the lung and bronchus (13.8%), the colon (7.5%), melanoma (2.9%), the urinary bladder (4.8%), Hodgkin and Non-Hodgkin Lymphoma (4.4%), and the rectum and rectosigmoid (2.9%). Invasive cervical cancer accounted for less than 1% of cancer diagnoses (4.1% for both in-situ and malignant) for Montanans for 1996-2005. However, 1,547 of the 1,920 cervical cancers were in-situ--that is, non-invasive. Testicular cancer also accounted for less than 1% of cancer diagnoses--only 270 cases were reported in 1996-2005.

**Table C-2** shows the incidence of cancer for the ten most frequently diagnosed primary sites and by the sex and age of the patient at diagnosis. Men diagnosed with prostate cancer tended to be 50 or older. Diagnoses of breast cancer in women generally began in their late thirties and the age distribution was not as concentrated on a central age category as was that of prostate cancer for men. In 1996-2005, Montanans diagnosed with cancer of the lung and bronchus or the urinary bladder were most likely to be men aged 50 or older. Those diagnosed with cancer of the colon were about equally likely to be male or female and usually 50 years of age or older. The distribution of 1996-2005 cancer diagnoses by site, sex, and county of residence is shown in Table C-3 for the 10 most frequently diagnosed primary sites.

**Figures 54, 56, 58, and 60** show the number of cancer diagnoses by year, sex of the patient, and stage of disease at diagnosis for prostate, breast, lung, and colorectal cancer, respectively. The stage of disease is recorded at the time of diagnosis and is not updated as the cancer progresses. Diagnosis at a localized stage means that the cancer has not spread beyond the organ or site of origin. Diagnosis at a regional stage means the cancer has spread to adjacent organs or regional lymph nodes. Diagnosis at a distant stage means the cancer has spread past adjacent organs or tissues to lymph nodes or organs elsewhere in the body.

**Figures 55, 57, 59, and 61** show the five-year relative survival rates for these same cancers, comparing Montana and the United States (SEER). The five-year survival rate is the percent of all patients who are living five years after diagnosis, whether the patient is in remission, disease-free, or under treatment. These rates have been adjusted to account for patients dying from causes other than cancer.

## PROSTATE CANCER

Prostate cancer was the most common cancer diagnosed in men in Montana and the United States, with 7,965 cases reported for 1996-2005 and 781 cases reported for 2005 in Montana. This incidence rate usually exceeds that of lung cancer. Nationally, it is primarily a disease of the elderly, as the median age at diagnosis is 70. In 2005, 129 Montana residents died of prostate cancer (**Tables D-1, D-2, D-5, and D-6**), making it the fourth leading cause of cancer deaths.

**Figure 54** shows the number of prostate cancer diagnoses reported by year and the stage at diagnosis for the years 1996 through 2005. The patient diagnosed with prostate cancer at early stages may be asymptomatic or just have symptoms of lower urinary tract obstruction. In 2005, 83% of prostate cancers were diagnosed at a local stage. Bone pain is the most frequent complaint from patients diagnosed with advanced disease. In Montana, the percentage of prostate cancers diagnosed at a distant stage decreased from 5% in 1996 to 4% in 2005. The Prostate-Specific Antigen (PSA) test has been useful in detecting prostate cancer at earlier stages. Over 90% of cancers of the prostate are characterized as adenocarcinoma. Unlike previous reports, cases diagnosed at an in-situ stage are removed from the table, since they are not counted and used in the computation in other national reports. The percent of unknown stage at diagnosis for 2005 decreased to 2% because the Collaborative Staging System was implemented in 2004 and almost all cases are staged.

**Figure 54**

### DIAGNOSIS OF PROSTATE CANCER MONTANA RESIDENTS, 1996-2005

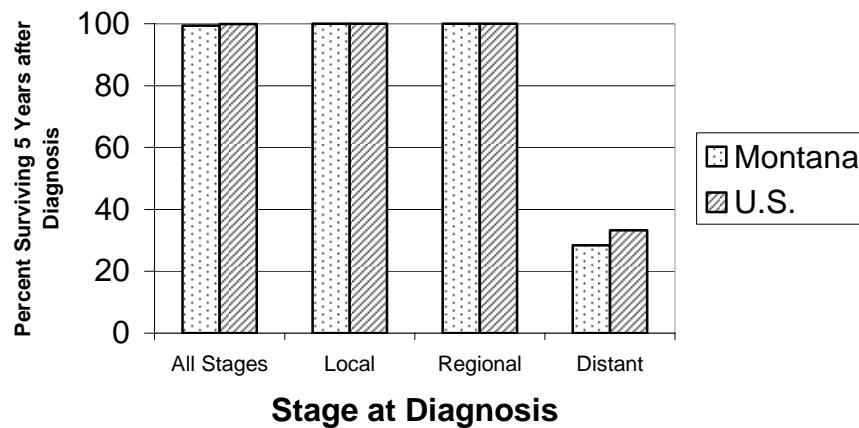
Year of Diagnosis	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Number of Cases Diagnosed	690	668	741	777	808	847	915	875	863	781
Percent Stage at Diagnosis*										
Local	57%	60%	65%	63%	68%	71%	75%	72%	84%	83%
Regional	16%	13%	13%	15%	12%	10%	11%	13%	11%	11%
Distant	5%	6%	5%	3%	4%	4%	3%	4%	3%	4%
Unknown	21%	22%	17%	19%	15%	15%	11%	11%	2%	2%

\* Percentages may not add to 100 because of rounding.

**Figure 55** shows five-year survival rates for prostate cancer, comparing Montana's to the United States' rate. One hundred percent of Montanans diagnosed at a localized or regional stage were alive five years after diagnosis; however, only about 30% of those diagnosed at a distant stage were alive five years after diagnosis. Although survival rates are high for early diagnosis, it should be re-emphasized that prostate cancer was the fourth leading cause of cancer deaths among Montanans in 2005.

**Figure 55**

**FIVE-YEAR RELATIVE SURVIVAL BY STAGE AT DIAGNOSIS FOR PROSTATE CANCER  
MONTANA AND THE UNITED STATES, 1996-2005**



Prostate cancer is generally treated with surgery or radiation. About 45% of patients diagnosed with prostate cancer have surgery (prostatectomy) within four months after diagnosis. Patients with early stage prostate cancer often opt for no treatment, but their physicians must watch these patients closely. About 25% of prostate cancer patients are treated with radiation. About 20% are treated with hormonal therapy shortly after diagnosis, but this course of treatment is usually reserved for patients with advanced disease.

## **BREAST CANCER**

Breast cancer was the most frequently reported malignancy among Montana women with 7,922 cases reported for 1996-2005 and 726 cases reported for 2005. It was the underlying cause of death for 134 female Montanans and no males, making breast cancer the third leading cause of cancer deaths in 2005 (**Tables D-1, D-2, D-5, and D-6**). Breast cancer incidence increases dramatically with age, and the majority of cases occur after age 50. In Montana in 2005, 20% were diagnosed at an in-situ stage, 50% of breast cancers at a local stage, 26% at a regional stage, and 3% at a distant stage.

The distribution of stage at diagnosis is shown in **Figure 56**. The proportion of patients diagnosed at an in-situ stage has increased slightly over the past decade, while the proportion diagnosed at local and regional stages has decreased. Patients are being diagnosed at earlier stages and are detecting cancers earlier. It is well established that women with early-stage breast cancer have better chances of survival. Screening mammography can detect a breast cancer in an earlier stage, which may account for an increase in the diagnosis of breast cancer nationally over the last decade.

**Figure 56**

**DIAGNOSIS OF BREAST CANCER  
MONTANA RESIDENTS, 1996-2005**

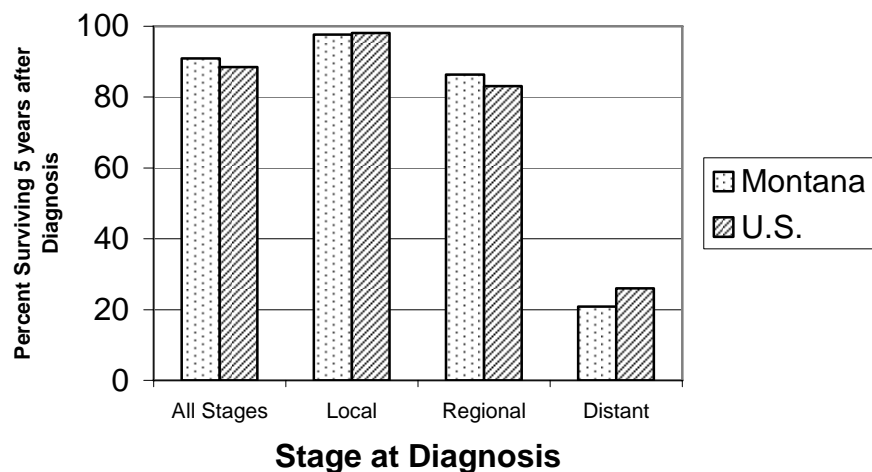
Year of Diagnosis		1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Number of Cases Diagnosed	Males	1	6	5	5	2	5	2	2	3	5
	Females	764	740	780	833	827	860	780	838	774	726
Percent Stage at Diagnosis*											
In-Situ		11%	14%	14%	17%	18%	20%	20%	20%	22%	20%
Local		54%	50%	53%	52%	54%	49%	52%	50%	49%	50%
Regional		24%	28%	26%	23%	22%	24%	22%	24%	23%	26%
Distant		4%	3%	2%	3%	3%	3%	2%	3%	4%	3%
Unknown		7%	6%	4%	5%	4%	4%	4%	3%	3%	1%

\* Percentages may not add to 100 because of rounding

**Figure 57** shows the five-year relative survival rate for women diagnosed with breast cancer, comparing Montana with the United States. For Montana women, 98% of women survived 5 years if diagnosed at a local stage and about 86% if diagnosed at a regional stage. If the cancer was diagnosed at a distant stage, the rate of survival was 21%. Breast cancer is treated in a variety of ways. About 93% of breast cancer patients are treated with surgery (lumpectomy or mastectomy) and about 40% are treated with radiation. About 40% are treated with both surgery and radiation. About 35% of patients are treated with chemotherapy, hormonal therapy or both. Almost 75% of breast cancers are duct cell carcinomas and over 10% are lobular carcinomas, which are a form of adenocarcinoma of the mammary gland.

**Figure 57**

**FIVE-YEAR RELATIVE SURVIVAL BY STAGE AT DIAGNOSIS FOR BREAST CANCER  
MONTANA AND THE UNITED STATES, 1996-2005**



## LUNG CANCER

In Montana, lung cancer was the second most common cancer diagnosis among men (after prostate cancer) and women (after breast cancer). In the years 1996-2005, 6,533 cancer cases have been reported and in 2005, 627 cases have been reported. It was the underlying cause of death for 550 Montanans (Tables D-1, D-2, D-5, and D-6), making it the leading cause of cancer deaths.

The number of cases diagnosed and the stage at diagnosis for lung cancer diagnoses of Montanans are shown in **Figure 58**. In 2005, 59% of lung cancers were diagnosed at a distant stage and only 17% at a local stage. The stage was unknown or unstageable for about 3% of lung cases in 2005. Certain types of lung cancer spread very early and quickly, which causes the patient to be diagnosed at a regional or distant stage. Unlike previous reports, cases diagnosed at an in-situ stage were removed from the table since they are not counted and used in the computation in other national reports. The percent of unknown stage at diagnosis for 2005 decreased to 3% because the Collaborative Staging System was implemented in 2004 and all treated cases are staged.

**Figure 58**

### DIAGNOSIS OF LUNG CANCER MONTANA RESIDENTS, 1995-2005

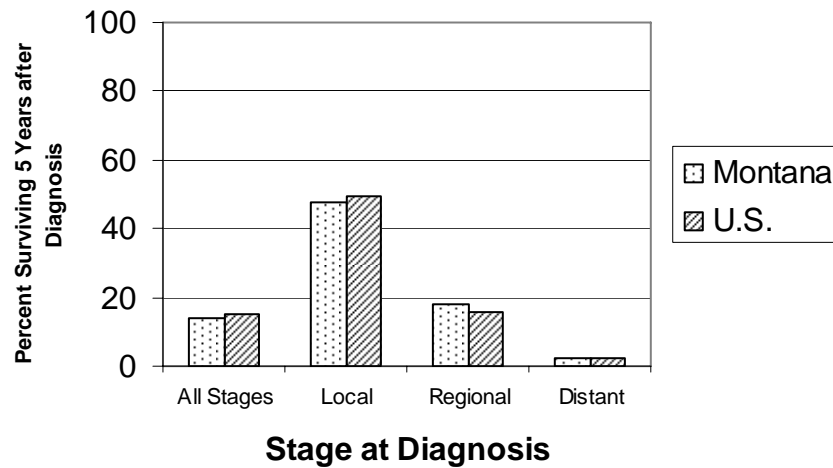
Year of Diagnosis		1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Number of Cases Diagnosed	Males	378	338	410	339	380	357	367	369	332	323
	Females	255	278	319	262	307	331	296	294	294	304
Percent Stage at Diagnosis*											
Local		19%	17%	17%	16%	22%	15%	15%	15%	15%	17%
Regional		21%	25%	27%	28%	26%	29%	26%	24%	25%	21%
Distant		38%	39%	39%	39%	38%	37%	44%	47%	48%	59%
Unknown		22%	19%	17%	17%	15%	19%	16%	15%	12%	3%

\* Percentages may not add to 100 because of rounding.

Lung cancer has a much poorer prognosis than other cancers, partly because relatively few cases are diagnosed at an early stage. **Figure 59** shows the five-year relative survival rate for lung cancer, comparing Montana and the United States rates. Forty-seven percent of patients diagnosed at a localized stage survive five years; however, only 18% survive five years if diagnosed at a regional stage and about 2% if diagnosed at a distant stage. The types of treatment performed for lung cancer are determined by the type of cancer and the stage at diagnosis. Most lung cancers are treated with surgery, radiation, or chemotherapy. About 21% of patients with lung cancer are treated with surgery and about 35% are treated with radiation. Chemotherapy is given to about 50% of patients. A cough is the most common symptom of a lung cancer, but since coughing is a common symptom of many acute and chronic conditions, the diagnosis of lung cancer may be delayed. Twenty percent of lung cancers are squamous cell carcinomas, derived from stratified squamous epithelium. About 25% are adenocarcinoma and 20% are small cell carcinoma.

Figure 59

**FIVE-YEAR RELATIVE SURVIVAL BY STAGE AT DIAGNOSIS FOR LUNG CANCER  
MONTANA AND THE UNITED STATES, 1996-2005**



**COLORECTAL CANCER**

Colorectal cancer was the third most common malignancy in Montanans with 4,880 cases reported for 1996-2005; there were 411 cases diagnosed and 187 deaths caused by colorectal cancer in 2005 (**Tables D-1, D-2, D-5, and D-6**), making it the second leading cause of cancer deaths. Because of the anatomic proximity and physiologic similarity of the colon and rectum, these two segments are often reported together as “colorectal” cancer. The incidence of colorectal cancer is extremely low in childhood and increases with age. **Figure 60** shows the frequency and stage at diagnosis for cancers of the colon and rectum. In 2005, 42% were diagnosed at a local stage, 33% at a regional stage, and 20% at a distant stage. Unlike previous reports, cases diagnosed at an in-situ stage were removed from the table since they are not counted and used in the computation in other national reports.

Figure 60

**DIAGNOSIS OF COLORECTAL CANCER**

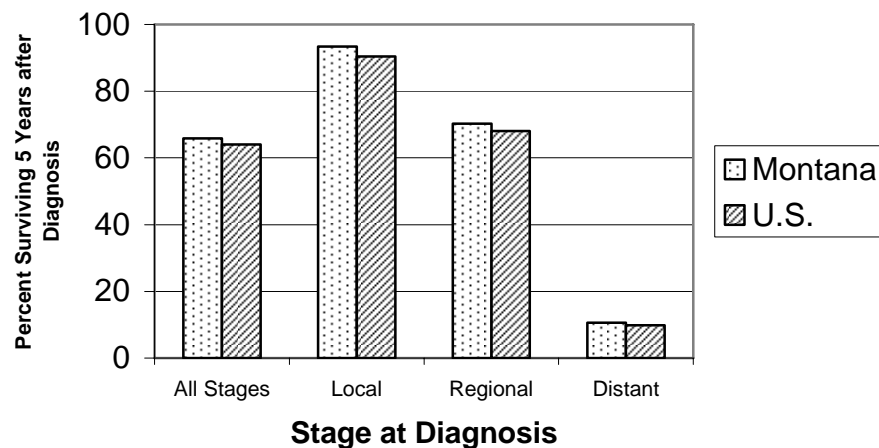
Year of Diagnosis		1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Number of Cases Diagnosed	Males	250	256	286	285	250	294	265	229	232	226
	Females	227	230	237	237	245	240	237	251	218	185
Percent Stage at Diagnosis*											
Local		35%	37%	34%	33%	36%	36%	36%	40%	36%	42%
Regional		39%	39%	41%	43%	43%	44%	39%	38%	36%	33%
Distant		13%	16%	17%	14%	15%	12%	17%	18%	18%	20%
Unknown		13%	8%	8%	9%	6%	7%	8%	5%	9%	5%

\* Percentages may not add to 100 because of rounding.

**Figure 61** shows the five-year relative survival of patients diagnosed with colorectal cancer, comparing Montana and the United States. When colorectal cancer is detected at an early, or localized, stage the five-year relative survival is 93%. After the cancer has spread to a regional organ or lymph node, the survival rate drops to about 70%. Colorectal cancer is mostly treated with surgery or chemotherapy or both. About 85% of patients with colorectal cancer are treated with surgery and about 34% are treated with chemotherapy. About 34% of patients with rectal cancer are treated with radiation while only about 2% of patients with colon cancer are treated with radiation. About 65% of colorectal carcinomas are adenocarcinoma and 12% are mucinous adenocarcinoma (an adenocarcinoma which secretes mucin).

**Figure 61**

**FIVE-YEAR RELATIVE SURVIVAL BY STAGE AT DIAGNOSIS FOR COLORECTAL  
CANCER  
MONTANA AND THE UNITED STATES, 1996-2005**



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